



# Food for a Happy & Calm Household

## PARENT EVENING:

What: Guest Speaker Louise D'Allura

When: Thursday 18th June

Where: Kenmore Uniting Church Hall  
982 Moggill Road Kenmore  
(above KPPK Kindy)

Time: 7:30pm start

Cost: \$10 at the door

RSVP: [info@kenmorepark.com.au](mailto:info@kenmorepark.com.au)  
or 3378 4469



Louise D'allura is a Qualified Home Economist and Presenter with a passion for helping families minimise the harmful effects of food additives. Listen to Louise shine the spotlight on popular food choices, revealing some alarming surprises in every day 'healthy' food choices. Discover the chemicals in our foods that cause temper tantrums, sleep disturbance and disruptive behaviour in children and adults alike.



**Learn how to:**  
**shop smarter**  
**avoid harmful additives**  
**improve your family's health**

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