

# LET'S GET READY FOR SCHOOL!

What does it mean to be school ready? We are all aware that the curriculum is moving at a faster pace these days. Children are required to learn to read and write earlier as the curriculum moves at a faster pace. Sarah Broderick, an occupational therapist with 12 years experience working with children, will be speaking on this important topic.

Tuesday November 11th 7pm- 8.30pm

The night will provide practical strategies to help you support your child to prepare them for school. Areas outlined will include:

- ❖ Ways to prepare your child for writing, including pencil grasp
- ❖ Important skills as identified by prep teachers for school
- ❖ Key foundation skills related to academic achievement
- ❖ Strategies to develop self esteem and resilience in your child
- ❖ Understand factors that can impact upon your child's attention, memory and learning
- ❖ Techniques to develop your child's literacy and numeracy skills

Come and view specialist resources including: story books to support your child's emotional development in areas of self esteem, relaxation/meditation and anxiety. Other resources include everyday items to support your child's motor skills.

By attending this evening, you will gain practical, easy to use techniques to support your child in prep as well as higher grades, across a range of areas relevant to academic performance and resilience.

This evening will cost \$5.

Please RSVP by 10<sup>th</sup> Nov on 3378 4469

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